

Coconut and Pandan

## Discovery

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"The sense of smell can be extraordinarily evocative, bringing back pictures as sharp as photographs of scenes that had left the conscious mind." -Thalassa Cruso



The lesson was planned so that the children could use their 5 senses to explore the world around them.

#### Objectives:

At the end of the activity, the children will be able to:

- associate scents with feelings
- explore the uses of coconut and pandan leaves
- identify the scent of the coconut and pandan extract
- experience weaving

# Preparing the Sensory Area





The teachers stored the scents of coconut and pandan by adding a few drops of coconut and pandan extract onto clumps of cotton wool and placing them in separate transparent plastics containers.

#### Preparing the Sensory Area

Coconut



The teachers placed the scent containers at the sensory area together with pictures and the fresh leaves. This enabled children to explore the items using their senses of sight, touch and smell.

### Exploring the Scents





The children were introduced to the scents. They described how the scents made them feel and also drew a picture to depict their feelings.

### Tasting the Flavours



The children were exposed to various food items such as the pandan chiffon cake, kaya agar agar cake and ondeh-ondeh which had pandan or coconut flavours. The children tasted the flavours and shared with one another whether they liked the taste.

### Exploring Other Uses of Coconut and Pandan

The children learnt that there are other uses to the coconut and pandan leaves e.g. weaving the leaves to make a basket. Using strips of coloured paper to replace the leaves, the children had fun weaving these and creating different patterns. They were proud of their work!

